Degenerative Scoliosis

Scoliosis is one of the sequelae of degenerative diseases of the vertebral column. Degenerative scoliosis occurs in the older patient (over 40 years), and affects the lumbar spine more commonly. It develops due to asymmetrical changes occurring in the intervertebral discs and facet joints. There is disc degeneration and the accompanying facet joints become worn, osteophytic and usually sublux. The deformity can be made worse by the presence of osteoporosis, which leads to wedging of the vertebral bodies themselves.